

RULES FOR HAPPY LIVING

Do you desire a "Happy Life"? Follow these rules and you will enjoy happiness that cannot be found in "things" of this world.

1. **Count your blessings, not your troubles.** Though we have many problems in life, we are still richly blessed. The plaque on the wall stated, "I grumbled and complained because I had no shoes, until I saw a man who had no feet."

2. **Live one day at a time.** Regardless of what Satan may throw at you, it can be handled "one day at a time" (James 4:13-15). You can control and conquer if you will take on obstacles one day at a time.

3. **Learn to say, "I love you" to those near and dear.** Break the shackles and learned restraints and express your love and appreciation to as many as possible each day (Mark 14:3-6).

4. **Be a giver, not a getter.** Often if you fail to get out of life what you want, it is because you are expecting to GET instead of GIVE (Luke 6:38).

5. **Seek good in everyone and everything.** Be a "good" seeker. Try hard not to be a "fault finder". When faults are present, deal with them lovingly.

6. **Pray every day.** Always take the time to express to God your appreciation for blessings and ask Him for guidance (Luke 18:1).

7. **Do a good deed each day.** The "grandest intention" is not as good as the "smallest deed". Follow the Lord's example (Acts 10:38).

8. **Watch your priorities.** Keep the important things in first place (Matt. 6:33).

9. **Fill your life with good.** Throw away the "trash" from your life and replace it with good thoughts and deeds (Phil. 4:8).

10. **Laugh and cry.** Laughter is good medicine. A good sense of humor overcomes many "ills and problems" of life.

11. **Learn to practice the happiness habit.** Smile, and the world will smile with you (Phil. 4:4). Make up your mind to "be happy".

12. **Let go and let God control your life.** To find peace and happiness, you must let God completely reign on the throne in your life. You must totally follow His will. It is for your own good.

- Paul Sain — Flatwoods Church of Christ, Flatwoods, KY - via *Bulletin Digest*

Yesterday, Today

by Clay Harrison

Yesterday is a reminder of days both good and bad,

The trials that taught us lessons and good times we have had.

The future still is waiting as a dream awaits the night

To become a reality before the morning light.

The past may bring us memories to treasure through the years,

And the future keeps the dream alive despite our doubts and fears.

But, oh, my friend, we have today to live, and laugh and cry...

A day our Lord has given that soon will pass us by.

- via *Bulletin Gold*

About the time we learn to make the most of life, the greater part of it is gone.



News & Notes

CARE & SHARE BEARS: Each Tuesday at 9:00 a.m. Join the ladies to help make bears for children.

ELDERS TO SPEAK: This annual event will be Sunday evening, Jan. 25th at 6:30. Plan to be here to be informed about the work and future plans of this congregation, and to encourage these good men.

PANTRY: Macaroni & cheese.

INDEX AVAILABLE: An alphabetical list of all bulletin articles and quotes used in our bulletin in 2008 is available at the desk in the foyer.

REMEMBER THESE SHUT-INS: Bette Gentry, Mabel Sprout.

REMEMBER IN PRAYER: Docie Moore & her mother (serious injuries from an auto accident).

THOSE WITH HEALTH CONCERNS: City Hospital: Marie Jones. Weir-ton Medical Center: Imogene Nice. UPMC, Pittsburgh: Docie Moore & her mother, Barb. Children's Hospital, Pittsburgh: Dylan Heinselman. At Home: Marilyn Sprout (at her mother's in Hammondsville), Becky McKitrick, Virginia Ferrell, Lynnette Martin, Beulah Rice, Ruth Brewer, Betty Carlin, Crystal Baker, Linda Wiersbicki, Marlene Reynolds, Gene Miller, Dan Williams, Ella Beagle. **Encourage others confined to their homes and in nursing homes. Check the bulletin board.**

God's Minorities

During the time NOAH was building the ark, he was very much in the minority — but he won!

When JOSEPH was sold into Egypt by his brothers, he was a decided minority — but he won!

When GIDEON and his 300 followers, with their broken pitchers and lamps, put the Midianites to flight, they were an insignificant minority — but they won!

When ELIJAH prayed down fire from heaven and put the prophets of Baal to shame, he was in a notable minority — but he won!

When DAVID, ridiculed by his brothers went out to meet Goliath, in size he was conspicuous minority — but he won!

What about you, my friend? Are you in the minority, standing with Christ, or are you on the other side? Why not stand where the faithful have always stood — in the minority!

- *Bulletin Digest*

GIVING

"What, giving again?" I asked in dismay,
"And must I keep giving and giving always?"
"Oh no," said the angel, piercing me through,
"Just give till the Father stops giving to you."