

## Just For Today

- ✦ **I will not strike back.** If someone is rude, if someone is impatient, if someone is unkind, I will not respond in that way (Romans 12:19).
- ✦ **I will ask God to bless my enemy.** If I come across someone who treats me harshly or unfairly, I will quietly ask God to bless that individual (Matthew 5:44). I understand my enemy could be a family member, a neighbor, a co-worker, or a stranger.
- ✦ **I will be careful about what I say.** I will carefully choose and guard my words, being certain that I do not spread gossip (James 3:1-6).
- ✦ **I will go the second mile.** I will find ways to help share the burden of another person (Matthew 5:41).
- ✦ **I will forgive.** I will forgive those who hurt me (Luke 23:34).
- ✦ **I will secretly do something kind for someone.** I will reach out anonymously and bless the life of another (Ephesians 4:32).
- ✦ **I will treat others the way I wish to be treated.** I will practice "the Golden Rule" (Matthew 7:12). I will do unto others as I would have them do to me, with everyone I encounter.
- ✦ **I will raise the spirits of someone who is discouraged.** My smile, my words, my expressions of concern and support can make a difference to someone facing a challenge (Romans 14:19).
- ✦ **I will take care of my body.** I will eat less ... I will eat healthier ... I will exercise ... I will be thankful ... My body will be a fitting temple for Him who dwells in me (1 Corinthians 6:19-20).
- ✦ **I will grow spiritually.** I will spend more time in study, prayer, and meditation. I will retreat from life's pressures and distractions and seek to learn God's will (2 Peter 3:18).

*Glad Tidings of Good Things, Jacksonville, AL*

*Blessed are the flexible for they shall not be bent out of shape.*

### News & Notes

**CONFESSION:** Don Spencer.

**CARE & SHARE BEARS:** Each Tuesday at 9:00 a.m.

**PANTRY:** Tuna & noodles.

**NURSING HOME:** This coming Saturday, May 3rd, 2:30 p.m. at Fox.

**REMEMBER IN PRAYER:** Fred Larrimore, Sr. (Karen Strum's father). He fractured his ankle. Larry Nice (son of Harry & Imogene Nice). He has colon cancer.

**REMEMBER THESE SHUT-IN'S:** Bertha Seman, Cheryl Stackpole

**SICK: Valley Hospice:** Larry Nice (son of Harry & Imogene Nice). **AT HOME:** Pauline Clutter, Dan Williams, Linda Parkes, Harry & Imogene Nice, Ruth Brewer, Bette Gentry. **Brightwell Nursing Home, Follansbee:** Gary Evans. Check the bulletin board for those in nursing homes and confined to their homes who also need to be remembered.

### MEETINGS

Glen Easton -----	April 27- May 2 -----	Will Montgomery
East Liverpool -----	May 4- 8 -----	Steve Snider
Mooresville -----	May 4- 9 -----	F. Higginbotham

## "Don't give up!"

There is a painting that shows the devil at a chess board with a young man. The devil has just made his move, and the young man's queen is checkmated. On his face is written defeat and despair. One day the great chess genius, Paul Morphy stood looking at that painting. He studied carefully the position on the board. Suddenly his face lit up and he shouted to the young man in the painting, "you still have a move, don't give up, you still have a move!"



We come to those moments when it seems we are checkmated. We see no winning move we can make. Then the great Master of all life comes closer to us. He remembers one day when He prayed to be spared from the cross: "let this cup pass from me," He pleaded. The cross seemed the end of His world. But there was yet another move. Beyond the cross was an empty tomb — and victory!

That same Christ can see beyond your cross to some triumph. "Don't give up, you still have a move," He says.

- Morris Chalfant, Delta, CO, via *Bulletin Digest*