



### God Our Help

*"God is our refuge and strength, a very present help in trouble" - Psalm 46:1*

We are not the first to live in a threatening, chaotic world. The people of Israel were delivered mightily by the hand of God from an opposing evil. This Psalm throbs with gratitude, thanksgiving and praise.

The story of God's unfailing deliverances must be repeated and requoted and remembered. Though the earth gets bumped out of orbit and spins endlessly through space, though the mountains be carried and dumped into the seas, we will not fear.

When everything is stripped from us (mate, child, career, health), when life gets as bad as it can be, when times are as tough as they can get — we have a refuge, a strength. We have a God!

While we must never forget that God is *our* refuge, we must firmly believe that He is *my* God, *my* strength, *my* help. Unless the promises of God become personal to me, they lose their power for me.

With these assurances, maybe we can stop relying so heavily on earth-made tranquilizers and trust more on heaven-made tranquility.

- Leroy Brownlow, *A Psalm In My Heart* ©. Used by permission. -

### Hear Me When I Call

Hear me when I call, O God, my righteousness,  
Unto Thee I come in weakness and distress,  
Hold my trembling hand, lest helpless I should fall,  
O hear me, Lord, hear me. Hear me when I call!

- Tillit S Teddlie (1962) -

*Prayer does not require eloquence but earnestness.*

### News Notes

**SYMPATHY:** To the family of Nancy Cox who passed away last Thursday. She was a long-time member of this congregation. God bless and comfort her daughters, their families, and others who knew and loved her. Visitation **tomorrow** at Nixon Funeral Home in Newell. Funeral service here at the building **Tuesday, August 4th, 11:00 a.m.** followed by a meal at the Fellowship Building. See Tracy Clutter if you can help.

**COVERED DISH DINNER:** **TODAY about Noon** at the Fellowship Building followed by our **early afternoon 2:00 p.m. worship** at the Church Building.

**NORTH CENTRAL OHIO BIBLE LECTURESHIP:** **Today through Wednesday** in Lorain, OH. Additional details on the bulletin board.

**MEN'S BREAKFAST:** **Next Saturday, August 8th, 8:30 a.m.** at the Columbian Church of Christ.

**MEMORIAL SERVICE:** For Linda Parkes **next Saturday, August 8th, 1:00 p.m.** here at the church building. A luncheon will follow at the Fellowship Building for family and friends. See Rosie Burdine if you can help with the meal.

**CARE & SHARE BEARS:** Resumes **Tuesday, August 11th, 11:00 a.m.**

**BIRTHDAY PARTY:** For Aiden Toomey (1 year old), **Saturday, August 22nd, 11:00 a.m.-1:00 p.m.** at the Fellowship Building. RSVP: MaClay Toomey.

**FLOWERS:** Thanks to Chris Wiersbicki for the lovely flowers he plants and cares for in front of our building. They are an attractive complement to our meeting place. Mention to him your appreciation for his time and work.

**YOUTH RALLY:** **Saturday, August 29th, 9:00 a.m.-Lunch.** Lubeck Church of Christ, Washington, WV. *"Understanding the Will of God for my life."* Lunch provided. Additional details on the bulletin board.

**PANTRY:** Peanut butter & jelly..

### REMEMBER IN PRAYER:

**HOME:** Anita Hopwood, Susan Beagle, Donna Stevens, Peggy Linger, Scharlotte Jones, Harry Huff, .

**FOX, CHESTER:** Marlene Evans, Mary Johnson.

**SERRA MANOR, WEIRTON:** Jean Haught (Skip's mother).

**ADDITIONAL SICK & SHUT-IN:** Debbie Waite, Nancy Hadley, Brenda Harris, Sue Baumgardner, Carolyn Carbone, Christy Claypool, Jackie Brown, Herman McHan, Rob Wilson, Georgia Hackathorn, Brett Thompson.

**BIBLE MEDITATIONS: Monday-Friday 12:30-12:35 p.m.**  
on WOHI 1490 AM and 103.9 FM.