News & Notes

SUMMER YOUTH BIBLE CAMP: July 11-18, Tomlinson Run State Park Group Camp. Information fliers and registration forms on the desk in the foyer.

PANTRY: Tuna and noodles.

SICK & SHUT-IN: At Home: Gary & Melissa Rosoac (Covid), Becky McKitrick (Chemo treatments), Stan Williams, Mike West, Barbara DeLong, David McCoy, Russell Martin, Claudette Miller, Mark Vermillion (neighbor, brain mass surgery recovery), Cheryl Renfro Walker, Nicole Stoffer (aunt of Tamara Sprout), Lori Rowand (niece of John Sprout). Weston, WV: Rick Beck.

Am I Strong?

How do I know if I am strong?

There are numerous ways to measure physical strength. One example of a physical strength test would be the bench press. Each year at the NFL combined players demonstrate how many times they can press 225 pounds.

Fifteen to twenty-five times seems to be about the average window. Justin Ernest of Eastern Kentucky University holds the all-time record with 51 repetitions back in 1999. That is a truly impressive feat of strength! No doubt, Justin is physically strong.

But how do I know if I am spiritually strong?

Likewise, there are numerous ways to measure this type of strength. We will consider here only one example of the many that are mentioned in Scripture.

"We who are strong have an obligation to bear with the failings of the weak, and not to please ourselves. Let each of us please his neighbor for his good, to build him up. For Christ did not please Himself, but as it is written, 'The reproaches of those who reproached you fell on me'" (Romans 15:1-3).

Those who are strong are willing to suffer. Specifically, the strong are willing to suffer for the betterment and good of their fellow Christians and the name of Christ.

The strong in faith are willing to make the choice to endure hardships rather than to inflict hardships.

We all know those who are providers of heartache and discomfort. We also know those who are providers of peace and joy. Of the two, which would we say is strong?

The passage in Romans 15 tells us about an innocent and perfect Jesus who was brutally beaten and then ultimately murdered for our good! And we are called to follow Him!

We are called to be like Jesus and to please others and not ourselves. If it means our hurt but the Lord's glory, so be it.

Strength of faith is seen in the willingness to put others first and suffer for Christ's great name.

Am I strong?

- Bart Warren, South Green Street church of Christ, Glasgow, KY (Bulletin Digest) -

VACATION BIBLE SCHOOL

Tomorrow through Friday 10:00 a.m. to Noon Classes for ALL Ages Adult Class - Jeremy Main



Values of V.B.S.

Reasons Why It Is Worth The Effort

- 1. It introduces many to Christ; strengthens the knowledge of faith in others; teaches respect for the Bible.
- 2. It furnishes opportunity for teacher training.
- 3. It increases interest in the Sunday morning Bible school.
- 4. Interested children open doors of opportunity for teaching non-Christian parents.
- 5. Concentrated daily teaching is more effective than weekly classes.
- 6. There is far less prejudice against a V.B.S. Almost half of the students are from non-member homes.
- 7. It enriches all who help and makes for a stronger tie to the church.
- 8. It is a wonderful advertising medium; builds respect for the church.
 - Bob D. Smith, via Bulletin Digest -

THE BIBLE IS:

- ♦ A mirror to show us ourselves (James 1:23).
- ♦ A hammer to break the will (Jeremiah 23:29).
- ♦ A fire to melt the heart (Malachi 3:2).
- ♦ A sword to pierce the conscience (Hebrews 4:12).
- ♦ A seed to quicken the soul (1Peter 1:23).
- ♦ A light to show the path (Psalm 119:105).
- ♦ The word of life to be held forth (Philippians 2:16).
- ♦ The word of reconciliation proclaimed (2 Corinthians 5:19).
- The word of salvation to be heard (Acts 28:26).
- The word of truth to be received (Ephesians 1:13).
- The word of faith to be believed (Romans 10:8).
- The word of faithfulness to be held fast (Titus 1:9).
 - The Biblical Messenger, San Angelo, TX -

Reach out to a world in need with the Word it needs.